

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: GBZ

Coachinfo: Warming up from: 13:00 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Goethem Niels

Coaches: Wymeersch Helga HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 50M FREESTYLE MEN 13+ Heat:3, starttime: 14:10

Heat: 3/8 Lane : 6 Athlete: VAN OEVELEN NOAH		Q-time: 00:31:44
PB (50m pool): 00:29.32 LOCHRISTI 25/01/2026		PB (25m pool): 00:29.40 SB: 00:29.32 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:29.32	
	00:29.32	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+ Heat:3, starttime: 14:19

Heat: 3/10 Lane : 2 Athlete: LEFEBRE ELENA		Q-time: 00:34:84
PB (50m pool): 00:33.46 LOCHRISTI 25/01/2026		PB (25m pool): 00:34.06 SB: 00:33.46 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:33.46	
	00:33.46	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+ Heat:6, starttime: 14:22

Heat: 6/10 Lane : 5 Athlete: HOTTINGER NYAH		Q-time: 00:31:25
PB (50m pool): 00:29.75 LOCHRISTI 25/01/2026		PB (25m pool): 00:29.53 SB: 00:29.75 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:29.75	
	00:29.75	
		

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+				Heat:7, starttime: 14:23
Heat: 7/10 Lane : 3 Athlete: THIELMAN PAULIEN				Q-time: 00:30:52
PB (50m pool): 00:30.52 Aalst 11/05/2025				PB (25m pool): 00:30.02 SB: no time
	5 0 M			
PB	00:30.52			
	00:30.52			
				

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 14:43
Heat: 1/3 Lane : 5 Athlete: LEFEBRE ELENA					Q-time: 03:19:06
PB (50m pool): no time					PB (25m pool): 03:19.06 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 14:43
Heat: 1/3 Lane : 7 Athlete: DHONDT LINE					Q-time: 03:29:43
PB (50m pool): no time					PB (25m pool): 03:29.43 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+				Heat:5, starttime: 15:05
Heat: 5/8 Lane : 3 Athlete: VAN OEVELEN NOAH				Q-time: 01:15:38
PB (50m pool): 01:17.47 LOCHRISTI 25/01/2026				PB (25m pool): 01:15.38 SB: 01:17.47 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M		
PB	no time	01:17.47		
	no time			
				

Coach feedback:

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Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:20
Heat: 3/9 Lane : 3 Athlete: HOTTINGER NYAH			Q-time: 01:21:71
PB (50m pool): 01:19.74 LOCHRISTI 25/01/2026			PB (25m pool): 01:17.21 SB: 01:19.74 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:19.74	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:6, starttime: 15:27
Heat: 6/9 Lane : 1 Athlete: THIELMAN PAULIEN			Q-time: 01:15:97
PB (50m pool): 01:15.97 Aalst 11/05/2025			PB (25m pool): 01:13.23 SB: 01:17.90 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	00:36.71	01:15.97	
	00:36.71	00:39.26	
			

Coach feedback: